

Family Health Care Professional Self-Assessment



Dear Health Care Professional,

*Thank you for accepting our invitation to serve as a potential **More Than a Picnic Family Health Professional!** We are excited at the opportunity to work with you. The More Than a Picnic program seeks to partner trained Health Care Professionals (FHP) with select family volunteers who will serve as the Family Health Coach (FHC) at the Family Reunion. The FHC and FHP will co-deliver a 30 minute cancer prevention and family lifestyle behavior change presentation.*

*The purpose of this self-assessment is to determine your readiness to fully commit to and carry out the responsibilities of the **More Than a Picnic FHP**. Please use this assessment to reflect on your leadership, community health history, and personal commitment to cancer education, prevention, and risk reduction among African- American families. We look forward to your participation.*

Indeed, "It's A Family Affair for Lifestyle Change!"

Sincerely,

*Mary Shaw-Ridley, PhD, MCHES
Director, Center for the Study of Health Disparities
Principal Investigator & Program Director, "More Than a Picnic: It's a Family Affair for Lifestyle Change"*

*Brandy Rollins, MPH, MCHES
Assistant Director, Center for the Study of Health Disparities
Research Associate, More Than a Picnic: It's a Family Affair for Lifestyle Change"*

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Instructions: Please select the BEST answer choice. Please answer each question

Part I: Professional Profile

1. Select the areas in which you hold a degree, license or certification (select all that apply).

- | | |
|---------------------------------|--|
| <input type="checkbox"/> MD | <input type="checkbox"/> DrPH |
| <input type="checkbox"/> DO | <input type="checkbox"/> PharmD |
| <input type="checkbox"/> RN | <input type="checkbox"/> PhD (indicate in what discipline) |
| <input type="checkbox"/> NP | <input type="checkbox"/> MS/MA (indicate in what discipline) |
| <input type="checkbox"/> PA | <input type="checkbox"/> MPH (indicate in what discipline) |
| <input type="checkbox"/> RD, LD | <input type="checkbox"/> BSN/MSN |
| <input type="checkbox"/> LCSW | <input type="checkbox"/> Other _____ |



2. Select your area of practice

- | | |
|--|--|
| <input type="checkbox"/> Primary Care | <input type="checkbox"/> Dietetics |
| <input type="checkbox"/> OB/GYN | <input type="checkbox"/> Pharmacy |
| <input type="checkbox"/> Internal Medicine | <input type="checkbox"/> Dermatology |
| <input type="checkbox"/> Oncology | <input type="checkbox"/> Health Education/Health Promotion |
| <input type="checkbox"/> Other _____ | |



3. How many years of experience do you have at your current practice?

- 0-5 years
- 6-10 years
- 11-15 years
- 16-20 years
- 21+ years



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Part II. Leadership for Cancer Prevention and Health Education

The following questions are based on the Kouzes and Posner's Five Practices of Leadership: Model the Way, Inspire a Shared Vision, Challenge the Process, Enable Others to Act, and Encourage the Heart. Leadership is an art and we are interested in your perceptions of your personal leadership style.

Instructions: Circle the answer which best reflects your leadership style.

Practice I-Model the Way

"Modeling the Way" is essentially about earning the right and the respect to lead through direct, individual involvement and action.

1. I have a history of partnering/mentoring racial/ethnic minority families and communities to promote healthier lifestyle behavior changes.

Not at all Some Often Very Often

2. I am well respected among and sought after by racial/ethnic minority families and communities to educate and promote healthier lifestyle behavior changes.

Not at all Some Often Very Often

3. I have developed strong professional and personal relationships with racial/ethnic minority groups.

Not at all Some Often Very Often

Practice II-Inspire a Shared Vision

"Inspiring a Shared Vision" is your ability to communicate your passion through vivid language and expressive style.

1. I am intimately aware of the challenges racial/ethnic minority groups face in relation to cancer prevention, risk reduction and lifestyle behavior change.

Not at all Some Often Very Often

2. I have experiences which I can use to engage and relate to racial/ethnic minority audiences about cancer prevention, risk reduction and lifestyle behavior change

Not at all Some Often Very Often

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3. I am able to enthusiastically communicate information to a racially/ethnically diverse audience.

Not at all Some Often Very Often

Practice III-Challenge the Process

“Challenging the Process” requires a change from the status quo; a willingness to step out into the unknown.

1. I seek opportunities to innovate, grow and improve my lifestyle health behaviors and those within my social networks.

Not at all Some Often Very Often

2. I am able to turn potential failures into “teachable moments and learning experiences.”

Not at all Some Often Very Often

3. I see “small advances” as confidence builders to achieve a larger goal and encourage others to do the same.

Not at all Some Often Very Often



Practice IV-Enable others to Act

“Enabling Others to Act” is the ability to foster collaboration and build trust—TEAMWORK.

1. I believe Family Lifestyle Behavior Change is a TEAM effort requiring the unique abilities of each family member and strong family support systems.

Not at all Some Often Very Often

2. I trust families to know their challenges and are capable of effecting change to achieve healthier outcomes.

Not at all Some Often Very Often

3. I have the necessary skills to mobilize a family to be consistent with their lifestyle behavior changes.

Not at all Some Often Very Often



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Practice V-Encourage Others to Heart

“Encouraging the Heart” is to recognize contributions by showing appreciation for individual excellence.

1. I recognize and value the differences, strengths, and attributes within racial/ethnic families and communities.

Not at all Some Often Very Often

2. I appreciate the attributes of individual family members to facilitate family lifestyle behavior changes.

Not at all Some Often Very Often

3. I commend and celebrate the willingness of families to improve their family lifestyle behaviors by participating in this program.

Not at all Some Often Very Often

Part III. Community Engagement

1. What is your experience with faith-based health ministries?

- None at all
- Some
- Often
- Very Often



2. Describe your level of comfort talking with patients who have less than a 6th grade reading/comprehension level?

- No opinion
- Very uncomfortable
- Uncomfortable
- Comfortable
- Very Comfortable



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3. How comfortable are you co-facilitating a cancer prevention health education session with a trained family member to an African-American audience in a “family reunion” type setting?

- No opinion
- Very uncomfortable
- Uncomfortable
- Comfortable
- Very Comfortable

4. Are you available to travel during the months of June to September? (Travel expenses are included in compensation).

- Yes
- No (Skip to Part IV – Demographic Profile)
- Not sure

5. **Select the distance you are willing to travel to co-facilitate a health education sessions during a family reunion.**

- 25 miles or less
- 26-50 miles
- 51-75 miles
- 76-100 miles
- Over 100 miles

Part IV. Demographic Profile

1. What is your race/ethnicity?

- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White



2. What is your gender?

- Male
- Female

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3. Which age range best describes you?

- 25 and under
- 26-35
- 36-45
- 46-55
- 56 and older

4. What is your primary language?

- English
- Spanish
- Other _____

5. Are you willing to complete an online 20-30 minute Family Health Care Professional training module?

- Yes
- No



Part V. Contact Information

Name:
Mailing Address:
Phone:
Fax:
E-Mail:

Additional Comments:



IMPROVING FAMILY/PROVIDER COMMUNICATION THROUGH FAMILY-CENTERED EDUCATION!